

**The 7F Words™ For Living a Balanced Life
Daily Oath Template**

My Daily Oath

FOCUS, FAITH, FREEDOM, FAMILY, FINANCES, FITNESS, FUN

Today I will **Focus** on _____

I will have **Faith** in _____

I will _____ **Freedom** _____

I will _____ **Family** _____

I will _____ **Finances** _____

I will _____ **Fitness** _____

I will have **Fun** by _____
